



# Raw Gaia

## Living Organic Skincare

**Raw:** unadulterated; unheated; in its natural state; alive

**Gaia:** the Greek Goddess of the Earth; the planet as a single living organism

*"Raw Gaia is the world's first range of living skin care products made using only cold-pressed, organic and vegan ingredients, infused with essential oils and floral waters of the finest quality."*

*Raw Gaia products have wonderful skin moisturising and uplifting qualities because they are absolutely pure, alive and made with the Earth's most nourishing and beautifying skin care ingredients, which are far more effective than any chemical or artificial moisturisers.*

*Through a special low temperature process, Raw Gaia's hand-made skin care products retain all the life force, antioxidants, vitamins, minerals and essential fatty acids of the ingredients, which help to moisturise, heal and revitalize all types of skin. Raw Gaia is one of the most ethical skin care companies you will find anywhere. All of Raw Gaia's ingredients are organic, certified vegan and cruelty-free, as much as possible, fairtrade, and free from any chemicals. Raw Gaia have also adopted an unprecedented "ethical marketing" approach to beauty and ageing. Finally, Raw Gaia support Tibetan refugees in India through a glass bead making project.*

*Try Raw Gaia and experience the nourishment that only something as natural, alive and pure as Mother Earth can give."*

I, personally, discovered Raw Gaia from a chance conversation at a girly get-together ... having been searching for a really great range of organic skincare products to use in our Holistic Feathers facial treatments, I just knew from the rave reviews from friends that these were the way forward for us. Discovering the Raw Chocolate face mask was the defining moment - now we use Raw Gaia products exclusively in our Raw Gaia Living Facials.

So we look forward to introducing you to the delights of living, organic skincare - the Raw Gaia way!



With love & blessings

*Callie - Holistic Feathers*

[www.holisticfeathers.co.uk](http://www.holisticfeathers.co.uk)



## Why choose raw living skincare?

Why are skin care products made with raw, living ingredients better for you? Simply because the natural ingredients still retain all their life energy, antioxidants, minerals, vitamins and essential fatty acids and therefore your skin is truly nourished.

This is the way it works:

- ✓ The life energy in the ingredients is highly nourishing and healing.
- ✓ Antioxidants help to reverse skin ageing and inflammation and help heal scar tissue.
- ✓ Minerals play a key role in beautifying the skin, hair & nails. Sulphur, for instance, is a central component of collagen & connective tissue, which provides elasticity & flexibility to the tissues.
- ✓ Vitamins such as A, C and E are moisturizing, soothing and healing to the skin.
- ✓ Essential fatty acids help to remove toxins from tissues.

Now, a crucial aspect is this: To ensure that the life force and all these nutrients are retained, skin care products MUST be made at temperatures below 40C. If ingredients are heated above this level during the manufacturing process, most of the antioxidants, minerals, vitamins and the life force in the ingredients are destroyed. A good example of this is cold-pressed olive oil, which has long been considered a topical remedy for wrinkles and facial lines. Not surprisingly, olive oil is the best source of raw vitamin E. However, it is also extremely sensitive to temperature and light and becomes completely corrupted when heated.

This point is so important, that I would like to elaborate a little more. Heated oils and fats when used in skin care products –even in the so-called most natural ones– are actually one of the worst offenders to skin beauty. They contain highly toxic trans-fatty acids, which may be absorbed into the cell membranes, causing them to become porous and weak. Heating oils and fats also leads to the creation of free radicals, which are unstable oxygen molecules that have lost an electron. Collagen, a protein molecule that constitutes 80% of the dermis, is particularly susceptible to free radical damage, which includes wrinkles, lingering scars and stiff collagen.

In contrast, cold-pressed fats and oils kept at low temperatures help to beautify the skin, strengthen the cell membranes and restore nutrients to the tissues.

Because all Raw Gaia products are made with 100% organic, natural and living ingredients, infused with essential oils of the highest quality, through a special, low temperature process, they are very, very effective. Many people have mentioned to us that their skin starts to feel firmer and softer, blemishes and dark patches start to disappear, that their eczema has improved after using our products, etc.

For your information, our skin care range is certified by The Vegan Society and is not tested on animals. As much as possible, we source our ingredients through fairtrade. We do not use anything nasty like petrochemicals, artificial colourants and parfums, glycols, lauryl sulphates, parabens, preservatives, synthetic additives, bulking agents or hidden ingredients.

We encourage you to try our products. If you would like to find out more information about Raw Gaia, please visit [www.rawgaia.com](http://www.rawgaia.com) or give us a call on +44 (0) 1273 311 476

©Raw Gaia, 2006 – The world's first full range of living, organic and vegan skin care products



Raw Gaia Living Organic Skincare - Order Form		Size	Price	Qty	Total*
<i>Living moisturisers</i>	For Her Daughters Living Moisturiser	60ml	10.80		
	Hemp Living Moisturiser	60ml	10.80		
	MSM Beauty Cream	60ml	10.80		
	MSM Beauty Spray	50ml	14.00		
	For Her Sons Living Moisturiser	60ml	10.80		
<i>Baby care</i>	For Her Babies Living Cream	60ml	10.80		
	Floral Water Spray For Her Babies	100ml	9.20		
	Massage Oil For Her Babies	50ml	8.00		
<i>Skin essentials</i>	Living Face Cleanser	100ml	12.50		
	Floral Face Toner	100ml	9.90		
	Revitalising Eye Oil	30ml	15.00		
<i>Living face packs</i>	Raw Chocolate Face Pack	50g	8.20		
	Sun-dried Green Clay Face Pack	65g	5.00		
<i>Living lip balms</i>	Sweet Orange Living Lip Balm	10ml	3.00		
	Peppermint Living Lip Balm	10ml	3.00		
<i>Massage bars</i>	Living Beauty Massage Bar	50g	6.00		
	Detox Living Massage Bar	50g	6.50		
<i>Body butters</i>	Wildcrafted & Fairly-Traded Shea Butter	90g	7.50		
	Coconut Butter	90g	7.00		
<i>Soaps</i>	Raw Soap Bar - Lavender	110g	3.95		
	Raw Soap Bar - Geranium	110g	3.95		
<i>Floral waters (organic)</i>	Frankincense Floral Water	100ml	10.00		
	Juniper Floral Water	100ml	6.90		
	Lavender Floral Water	100ml	6.50		
	Melissa Floral Water	100ml	6.50		
	Roman Chamomile Floral Water	100ml	6.50		
	Rose Geranium Floral Water	100ml	6.90		
	Witch Hazel Floral Water	100ml	6.00		
	Rose Otto Floral Water	100ml	6.50		
	Neroli Floral Water	100ml	6.50		
<i>Cold-pressed oils (organic)</i>	Apricot Kernel Oil	100ml	7.00		
	Wildcrafted Argan Oil	50ml	10.00		
	Evening Primrose Oil	100ml	8.00		
	Grapeseed Oil	50ml	8.00		
	Hemp Seed Oil	100ml	5.00		
	Joboba Oil	100ml	6.75		
	Wheatgerm Oil	50ml	8.00		
	Rosehip Oil	100ml	11.00		
* plus postage & packing - £3.95 per order (orders over £100 free p&p)					
<b>TOTALS</b>					



Gift boxes are also available



**Pamper Box - £48.00 + p&p**



**Baby Box - £29.00 + p&p**



**I Love You Box - £32.00 + p&p**

#### Placing an order

You can choose to order either by post, by telephone or by email.

You may also choose to buy from our online store: [Holistic Feathers Treats](http://www.holisticfeathers.co.uk)

#### Payment

You can choose to either pay by personal cheque (drawn on a UK sterling account), bank transfer or NoChex.

Cheques: made payable to "C Carling"

Bank transfer: Please email or telephone your order through to Callie; she will advise you of banking details

NoChex: Please email or telephone your order through to Callie; a NoChex invoice will be emailed to you.

Telephone: Callie - 07921 669012

Email: [Callie@holisticfeathers.co.uk](mailto:Callie@holisticfeathers.co.uk) (we will acknowledge your email upon receipt)

Post: Holistic Feathers, c/o 130 Lambton Road, London, SW20 0TJ

#### Terms & Conditions

By placing an order with us, you are agreeing to these terms and conditions.

**Returns:** We cannot imagine anyone wanting to return any of these divine skincare products to us. However, due to the nature of the goods we are unable to accept returns.

**Delivery:** We aim to turn around orders within 3 days, however we are limited to sending orders out to Tuesday and Friday mornings. If you have any queries or an urgent order, please do telephone Callie first to check stock levels to save any potential heartache ... we aim to please, so don't be shy - give us a call!

[www.holisticfeathers.co.uk](http://www.holisticfeathers.co.uk)